**TRACK & FIELD EVENTS**

**Events offered to Varsity Athletes:**  
100 Meter Dash  
200 Meter Dash  
400 Meter Dash  
800 Meter Run  
1600 Meter Run  
3200 Meter Run  
110 Meter Hurdles(Boys)100 Meter Hurdles(Girls)  
300 Meter Hurdles  
4x100 Meter Relay  
4x200 Meter Relay  
4x400 Meter Relay  
4x800 Meter Relay  
Medley Relay (200m, 200m, 400m, 800m)  
Javelin  
Discus  
Shot Put  
High Jump  
Triple Jump  
Long Jump  
  
**Events Offered to MS Athletes:**   
100 Meter Dash  
200 Meter Dash  
400 Meter Dash  
800 Meter Run  
1600 Meter Run  
3200 Meter Run  
4x100 Meter Relay  
4x200 Meter Relay  
4x400 Meter Relay  
Shot Put  
Long Jump